

Please help yourself to our continental table. Hot dishes are prepared fresh to order from the kitchen and served at your table.

Continental only $\pounds 12 \cdot Continental \, \mathcal{B}$ hot dish $\pounds 18$

drinks

Hot Drinks

Fresh coffee • Teas • Infusions

Fruit Juice Apple 94 kcal • Cranberry 101 kcal • Freshly squeezed orange 85 kcal

Speciality Coffee

Espresso 9 kcal 3.25 · Double espresso 18 kcal 4.25 · Americano 9 kcal 4.25 Cappuccino 62 kcal 4.75 · Latte 56 kcal 4.75 · Flat white 95 kcal 4.75

Morning Beverages

Bucks Fizz 9 • Moët & Chandon Impérial, Brut NV (125ml) 12.5 Bloody Mary 11 • Wild Idol Non-Alcoholic Sparkling Rosé (125ml) 10

on toast =

Choose From: malted brown, white bloomer, sourdough or gluten-free toast

Sautéed Mushrooms, soya cream, thyme butter VG, GFA 417 kcal

Two Poached Eggs, crushed peas, broad beans, lemon V, GFA 437 kcal

Coconut & Oat French Toast, raspberry chia jam, blueberries, maple V, GFA 549 kcal

Eggs Any Style, two hen's eggs, poached, boiled, scrambled or fried GFA 116 kcal per 100g

from the kitchen

Eggs Benedict 693 kcal • Eggs Royale 734 kcal • Eggs Florentine V 467 kcal

Spinach & Ricotta Soufflé Omelette, chives, shallots and watercress V, GFA 429 kcal

Sausage & Egg Morning Brioche, cumberland sausage patty, fried egg, cheese and hash browns stacked in a toasted brioche 617 kcal

Pancakes, served with bacon and maple syrup 383 kcal or berries and coconut yoghurt V 231 kcal

Harbour Full English, sausage, back bacon, black pudding, tomato, mushrooms, bubble and squeak, baked beans and eggs your way GFA 609 kcal

Vegetarian English, vegetarian sausage, tomato, mushrooms, bubble and squeak, baked beans and scrambled eggs V, GFA 761 kcal

v vegetarian • vG vegan • GFA gluten-free available

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If you are booked on a Bed & Breakfast inclusive package, there is no charge for Continental Breakfast or Hot Dishes.

If you are concerned about any food allergies or dietary requirements please speak to a member of the team who would be delighted to assist. Adults require approximately 2000 kcal per day. All prices are inclusive of VAT.



KITCHEN