STARTERS & SMALL PLATES

MAINS

SOVIAN

HARBOUR
Beach Club
BAR + RESTAURANT

Artisan Bread Board - for two to share V Whipped butter, sea salt 440 kcal	82
Heirloom Tomato V Burrata, pink pickled shallots 371 kcal	£12
Sea Bass Tartare Oyster cream, green apple, shiso 321 kcal	£12
Twice Baked Cheese Soufflé Aged cheddar, cream sauce 747 kcal	0.50
Beef Carpaccio Kalamata olives, rocket, Grana Padano, pine nuts 401 kcal	£14
Flat Iron Chicken Chargrilled Tenderstem®, preserved lemon and chilli 917 kcal	£25
10oz 28-Day Aged Ribeye Beach Club steak salad, thick cut chips 813 kcal	£35
Add your choice of sauce: Peppercorn 201 kcal • Béarnaise 387 kcal • Garlic butter 148 kcal	£3
Smoked Tomato, Spinach & Broad Bean Gnocchi VGA Cream sauce 720 kcal	£19
8oz Beef Fillet Heirloom tomatoes, pink fir potatoes, aged balsamic 766 kcal	£39
Pea Mint & Ricotta Ravioli V Sunflower seed pesto, lemon pangrattato 718 kcal	£21
Disabilities Cineral & Danaus Caladayo	200
Black Rice, Ginger & Papaya Salad VG Creamy coconut dressing 682 kcal	£20
Classic Caesar Romaine lettuce, croutons, soft hen's egg, anchovies, Parmesan 447 kcal	£17
Add a little extra Avocado V £4 130 kcal • Tiger Prawns £6 119 kcal • Chicken £5 134 kcal	

Classic Oysters Shallot vinaigrette, lemon, Tabasco 13 kcal	£4.5 eacl
Seared King Scallops Pea purée, smoked pancetta, lemon 393 kcal	£1!
Grilled Tiger Prawns Chilli, cherry tomatoes, white wine sauce 412 kcal	£1:
Steamed Mussels Ocean cider, chorizo, cream, parsley, sourdough 318/638 kcal	£11 / £1
Crispy Fried Calamari Confit garliic mayonaise, lemon 583 kcal	£1.

CRUSTACEA

SEAFOOD

Grilled Native Lobster
Garlic and white wine butter, fries | 480/960 kcal

Large Native Lobster to Share
Served with fries and garlic butter | 119 kcal per 100g

Market Fish of the Day Served whole, grilled or poached	MF
R2R Fish & Chips Thick cut chips, smashed peas and tartare sauce 844 kcal	£20.50
Herb Crusted Cod Chorizo, tomatoes, chickpea and white beans 917 kcal	£24
Shellfish Linguine Mussels, squid, crayfish, fresh chilli, cherry tomatoes, cream 612 kg	£24
Whole Lemon Sole Served on the bone with 'Nduja butter, tarragon and sea vegetables 677 kcal	£28

Beach Club Burger Dry aged beef, cheese, guacamole, maple mustard 785 kcal	£19
Gourmet Truffle Burger Truffle mayo, caramelised onion, Gruyere cheese 912 kcal	£20
Trawlerman's Roll Seared sea bass, tartare sauce, crispy lettuce 786 kcal	£17
Vegan Burger VG PB cheese, guacamole, maple mustard 784 kcal	£18
Skinny Fries VG 225 kcal	£5
Truffle & Parmesan Fries 296 kcal	£7
Heritage Potatoes V Soft herb butter 312kcal	£5
Mac & Three Cheese Mozzarella, aged cheddar, Parmesan 422 kcal	£7
Tenderstem® Broccoli V Toasted pine nuts 187 kcal	62
Green salad V House dressing, radish, crispy shallots 72 kcal	£5

BURGERS

SIDES

Join the club @harbour_beachclub

V vegetarian • VG vegan • VGA vegan available

R2R

50p from every sale of this dish will go to Room To Reward, a unique charity that utilises unsold hotel rooms to enable charities and communities to thank their dedicated volunteers with a well-earned short break.

Our food and drinks are prepared in areas where cross-contamination may occur, and our menu descriptors do not include all ingredients. If you have any allergies, intolerances, or other dietary requirements, or if you require allergen information, please let us know before ordering. Adults require approximately 2000 kcal a day. A discretionary gratuity of 12.5% is added to the total bill and divided fairly between the team and independently from the business.

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