STARTERS & SMALL PLATES

MAINS

SALADS



Artisan Bread Board - for two to share V Whipped butter, sea salt 440 kcal	82
Heirloom Tomato V, GF Burrata, pink pickled shallots 371 kcal	£12
Sea Bass Tartare GF Oyster cream, green apple, shiso 321 kcal	£12
Twice Baked Cheese Soufflé GFA Aged cheddar, cream sauce 747 kcal	0.50
Beef Carpaccio Kalamata olives, rocket, Grana Padano, pine nuts 401 kcal	£14
Flat Iron Chicken GF Chargrilled Tenderstem®, preserved lemon and chilli 917 kcal	£25
10oz 28-Day Aged Ribeye GFA Beach Club steak salad, thick cut chips 813 kcal	£35
Add your choice of sauce: Peppercorn 201 kcal • Béarnaise 387 kcal • Garlic butter 148 kcal	£3
Smoked Tomato, Spinach & Broad Bean Gnocchi VGA Cream sauce 720 kcal	£19
8oz Beef Fillet GFA Heirloom tomatoes, pink fir potatoes, aged balsamic 766 kcal	£39
Pea Mint & Ricotta Ravioli V Sunflower seed pesto, lemon pangrattato 718 kcal	£21
Black Rice, Ginger & Papaya Salad VG Creamy coconut dressing 682 kcal	£20
Classic Caesar GFA Romaine lettuce, croutons, soft hen's egg, anchovies, Parmesan 447 kcal	£17
Add a little extra Avocado V £4 130 kcal • Tiger Prawns £6 119 kcal • Chicken £5 134 kcal	

Classic Oysters GFA Shallot vinaigrette, lemon, Tabasco 13 kcal	£4.5 each
Seared King Scallops Pea purée, smoked pancetta, lemon 393 kcal	£15
Grilled Tiger Prawns GFA Chilli, cherry tomatoes, white wine sauce 412 kcal	£15
Steamed Mussels GFA Ocean cider, chorizo, cream, parsley, sourdough 318/638 kcal	£11 / £19
Crispy Fried Calamari Confit garliic mayonaise, lemon 583 kcal	£13

CRUSTACEA

SEAFOOD

Grilled Native Lobster
Garlic and white wine butter, fries | 480/960 kcal

Large Native Lobster to Share
Served with fries and garlic butter | 119 kcal per 100g

Market Fish of the Day GFA Served whole, grilled or poached	MF
R2R Fish & Chips GFA Thick cut chips, smashed peas and tartare sauce 844 kcal	£20.50
Herb Crusted Cod GFA Chorizo, tomatoes, chickpea and white beans 917 kcal	£24
Shellfish Linguine Mussels, squid, crayfish, fresh chilli, cherry tomatoes, cream 612 kg	£24
Whole Lemon Sole GF Served on the bone with 'Nduja butter, tarragon and sea vegetables 677 kcal	£28

Beach Club Burger Dry aged beef, cheese, guacamole, maple mustard 785 kcal	£19
Gourmet Truffle Burger Truffle mayo, caramelised onion, Gruyere cheese 912 kcal	£20
Trawlerman's Roll GFA Seared sea bass, tartare sauce, crispy lettuce 786 kcal	£17
Vegan Burger VG PB cheese, guacamole, maple mustard 784 kcal	£18
Skinny Fries VG, GF 225 kcal	£5
Truffle & Parmesan Fries GF 296 kcal	£7
Heritage Potatoes V Soft herb butter 312kcal	£5
Mac & Three Cheese Mozzarella, aged cheddar, Parmesan 422 kcal	£7
Tenderstem® Broccoli V Toasted pine nuts 187 kcal	63
Green salad V, GF House dressing, radish, crispy shallots 72 kcal	£5

Join the club @harbour_beachclub

V vegetarian • VG vegan • VGA vegan available

GF gluten-free • GFA gluten-free available

R2R

50p from every sale of this dish will go to Room To Reward, a unique charity that utilises unsold hotel rooms to enable charities and communities to thank their dedicated volunteers with a well-earned short break.

If you are concerned about any food allergies or dietary requirements please speak to a member of the team who would be delighted to assist. Calories are an approximate guide only. Adults require approximately 2000 kcal a day. All prices are inclusive of VAT and a discretionary gratuity of 12.5% is added to the total bill and divided fairly between the team and independently from the business.

HARBOUR

BAR + RESTAURANT