

HARBAR+KITCHEN

GRILLED TIGER PRAWNS **GF** 12
SAMPHIRE, LEMON 159 kcal

VEGAN LABNEH **VG** 8
PESTO, SEAWEED POPCORN,
TOASTED FOCACCIA 376 kcal

CHICKEN POPCORN **GF** 8
SAFFRON AIOLI 340 kcal

SMALL PLATES

ROAST BEETROOT **VG** 10
CELERIAC TAHINI, PICKLED FENNEL, SESAME BRITTLE 345 kcal

LEEK & CHEDDAR FRITTER 12
GARLIC YOGHURT, CRISPY ONIONS 411 kcal

BURRATA WITH PUMPKIN SEED PESTO **V** 12
BASIL, PRESERVED LEMON, CONFIT TOMATO 267 kcal

SMOKED TROUT MOUSSE 10
LEMON, SODA BREAD 288 kcal

WILD MUSHROOM ON TOASTED SOURDOUGH **VG** 10
SOYA CREAM, GARLIC AND THYME BUTTER 344 kcal

SOY GLAZED PORK BELLY BITES 10
RED CABBAGE SLAW 340 kcal

DUCK RAGU 12/21
EGG RICH PAPPARDELLE, CRISPY KALE 455/912 kcal

GRILLED OCTOPUS & CHORIZO 12
HERITAGE POTATOES, SWEET PAPRIKA, SHERRY DRESSING
356 Kcal

CLASSICS

TWICE BAKED CHEESE SOUFFLÉ **V** 10
RICH CREAMY SOUFFLÉ, GLAZED CHEESE CRUST 537 kcal

FISH & CHIPS **R2R** 19.5
SMASHED PEAS, TARTARE SAUCE 809 kcal

BEEF BURGER 18
CHEESE, SLAB BACON, RELISH, SKINNY FRIES 785 kcal

COD & CRAB 23.5
COD FILLET TOPPED WITH CRAB AND HERB CRUST 885 kcal

MEAT FROM THE CHARGRILL

8oz RIBEYE 32
28-DAY HIMALAYAN DRY-AGED 891 kcal

SKINNY LAMB CHOPS **GF** 25
GREEN SAUCE, HARISSA YOGURT 852 kcal

SPRING CHICKEN 23
LOVAGE, PESTO, BEACH BROWNS 585 kcal

CHALK STREAM TROUT FILLET **GF** 25
HERITAGE BEETS, PICKLED CUCUMBER,
HARISSA YOGHURT 811 kcal

PLANTS FROM THE CHARGRILL

GRILLED GEM LETTUCE **VG, GF** 15
CURRIED LENTIL DAL, RED CHILLI 617 kcal

CHARGRILLED AUBERGINES **VG, GF** 18
MINT, PINE NUTS, CHICKPEA MASH 672 kcal

BUDDHA BOWL **VG, GF** 15
ROASTED AND PICKLED VEGETABLES,
WILD RICE, RED PEPPER DRESSING 412 kcal

ADD A LITTLE EXTRA... 5

HALLOUMI **V** 287 kcal • TOFU **V** 88 kcal
CHICKEN 137 kcal

SIDES

HAND CUT CHIPS OR FRIES **V, GF** 4
THYME SALT 253 kcal

TRUFFLE & PARMESAN FRIES **GF** 6
296 kcal

HERITAGE POTATOES **V, GF** 5
SOFT HERB BUTTER 192 kcal

CREAMY MASH **V, GF** 4.5
288 kcal

SPRING GREENS 6
CHICKPEAS, CHORIZO 411 kcal

GREENS & BEANS **V, GF** 5
HAZELNUT DUKKAH 155 kcal

MACARONI CHEESE **V** 5
286 kcal

 @BRIGHTONHARBOURHOTEL

V VEGETARIAN ▪ **VG** VEGAN ▪ **GF** GLUTEN-FREE

R2R 50p from every sale of this dish will go to Room To Reward, a unique charity that utilises unsold hotel rooms to enable charities and communities to thank their dedicated volunteers with a well-earned short break.

If you are concerned about any food allergies or dietary requirements please speak to a member of the team who would be delighted to assist. Adults require approximately 2000 kcal a day. All prices are inclusive of VAT and a discretionary gratuity of 12.5% is added to the total bill and divided fairly between the team and independently from the business.

BRIGHTON

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