

-BREAKFAST-

Please help yourself to our continental table, included in our bed and breakfast packages.
Hot dishes are prepared fresh to order from the kitchen and served at your table.

drinks

Hot Drinks

Fresh coffee • Teas • Infusions

Fruit Juice

Apple *94 kcal* • Cranberry *101 kcal* • Freshly squeezed orange *85 kcal*

Speciality Coffee

Espresso *9 kcal* 3.25 • Double espresso *18 kcal* 4.25 • Americano *9 kcal* 4.25
Cappuccino *62 kcal* 4.75 • Latte *56 kcal* 4.75 • Flat white *95 kcal* 4.75 • Cortado *38 kcal* 3.5

Morning Beverages

Bucks Fizz 9 • Moët & Chandon Impérial, Brut NV (*125ml*) 12.5
Bloody Mary 11 • Wild Idol Non-Alcoholic Sparkling Rosé (*125ml*) 10

on toast £10 per dish

Choose From: malted brown, white bloomer, sourdough or gluten-free toast

Sautéed Mushrooms, soya cream, thyme butter **VG, GFA** *417 kcal*

Two Poached Eggs, crushed peas, broad beans, lemon **V, GFA** *437 kcal*

Coconut & Oat French Toast, raspberry chia jam, blueberries, maple **V, GFA** *549 kcal*

Eggs Any Style, two hen's eggs, poached, boiled, scrambled or fried **GFA** *116 kcal per 100g*

from the kitchen £10 per dish

Eggs Benedict *693 kcal* • **Eggs Royale** *734 kcal* • **Eggs Florentine** **V** *467 kcal*

Spinach & Ricotta Soufflé Omelette, chives, shallots and watercress **V, GFA** *429 kcal*

Sausage & Egg Morning Brioche, cumberland sausage patty, fried egg, cheese and hash browns
stacked in a toasted brioche *617 kcal*

Pancakes, served with bacon and maple syrup *383 kcal* or berries and coconut yoghurt **V** *231 kcal*

Harbour Full English, sausage, back bacon, black pudding, tomato, mushrooms, bubble and squeak,
baked beans and eggs your way **GFA** *609 kcal*

Vegetarian English, vegetarian sausage, tomato, mushrooms, bubble and squeak, baked beans
and scrambled eggs **V, GFA** *761 kcal*

V vegetarian • VG vegan • GFA gluten-free available

 @stivesharbourhotel

If you are booked on a Bed & Breakfast inclusive package, there is no charge for Hot Dishes.

If you are concerned about any food allergies or dietary requirements please speak to a member of the team who would be delighted to assist. Adults require approximately 2000 kcal per day.
All prices are inclusive of VAT.

HARBOUR

KITCHEN, BAR & TERRACE