



## Lunch

### Bites

**The Jetty Bites £7.50 per person**

This has become a firm favorite at The Jetty,  
a selection of seafood nibbles | 301 kcal

**Chicken Popcorn £6.50**

The cockle favorite but chicken in spiced flour and crisply fried | 186 kcal

**Tempura Prawns £3.50 each**

Tempura prawns served with dipping sauce;  
*how many would you like?* | 163 kcal

**Artisan Sourdough (for two) £4.50**

Taramasalata butter, Planeta olive oil | 440 kcal

### Large Plates

**Catch of the Day**

A selection of local fish, seafood and sharing dishes  
*Please see separate menu*

**Harbour Fish & Chips GFA £19.00**

Thick cut chips, smashed peas, tartare sauce | 825 kcal

**Cheeseburger £18.00**

Slab bacon, relish, skinny fries | 785 kcal

### Sandwiches & Salads

**Harbour Club Sandwich £12.00**

Grilled chicken, bacon, mayo, hen's egg, lettuce and tomato  
on toasted bloomer | 664 kcal

**Fish Finger Sandwich £14.00**

Chopped iceberg lettuce, tartare sauce | 391 kcal

**Grilled Cheese Sandwich V £9.00**

Smoked cheese, aged cheddar, home-made pickle | 646 kcal

**Honey Roast Ham Sandwich £10.00**

Dijonnaise dressing, green salad leaves | 403 kcal

**Smoked Salmon Sandwich £10.00**

Dill crème fraîche, cucumber, lemon | 435 kcal

**Chicken Caesar Salad £14.00**

Hen's egg, romaine lettuce, croutons, anchovy, Caesar dressing | 483 kcal

**V vegetarian • GFA gluten-free available**