

HARBAR

KITCHEN | BAR | TERRACE

LUNCH MENU

AVAILABLE 12PM – 5PM

BITES

HOUSE MARINATED OLIVES VG 211 kcal	5
SALT CRUSTED SOURDOUGH, BUTTER OR OLIVE OIL BALSAMIC V 317 kcal	5

SMALL PLATES

CHARGRILLED SQUID, BURNT CHILLI, ROCKET, AIOLI GF 388 kcal	8.5
LAMB KOFTA, PICKLED RED CABBAGE, GUINDILLA PEPPER, CUCUMBER AND MINT YOGHURT, PITTA 518 kcal	9
SEVERN & WYE SMOKED SALMON, SODA BREAD, LEMON 214 kcal	12
MARKET CRUDITIES, CHICKPEA AND BEETROOT HUMMUS, CRACKERS AND SEEDS V, VGA 306 kcal	8

LARGE PLATES

HARBAR FISH & CHIPS R2R , CRUSHED PEAS, TARTARE SAUCE GFA 844 kcal	19.5
SPRING PEA & ENOKI MUSHROOM RISOTTO, POACHED HEN'S EGG, BLACK TRUFFLE SHAVINGS V 626 kcal	19
LINGUINE PRIMAVERA, BASIL PESTO, FETA AND TOASTED PINE NUTS V 619 kcal	19
BUTTER CHICKEN CURRY, FRAGRANT BASMATI RICE, NAAN BREAD 881 kcal	22
GRILLED SALMON FILLET, BABY SPINACH, CUCUMBER, PICKLED DAIKON, SUMAC YOGHURT GF 611 kcal	23
8oz RIBEYE STEAK, TOMATO, FLAT MUSHROOM, WATERCRESS, THICK CUT CHIPS GFA 716 kcal	30
8oz SIRLOIN STEAK, TOMATO, FLAT MUSHROOM, WATERCRESS, THICK CUT CHIPS GFA 681 kcal	29
SAUCES: BÉARNAISE GF 397 kcal • PEPPERCORN GF 201 kcal • CHIMICHURRI 182 kcal	3

BURGERS ALL SERVED WITH FRIES

HARBAR BURGER, MATURE CHEDDAR, LETTUCE, TOMATO, PICKLED RED ONION, RELISH, BURGER SAUCE 785 kcal	18
CRISPY FRIED CHICKEN BURGER, MATURE CHEDDAR, CHIPOTLE MAYONNAISE, SLAW, BRIOCHE BUN 921 kcal	18
VEGAN BURGER, VEGAN CHEDDAR CHEESE, LETTUCE, TOMATO, PICKLED RED ONION, RELISH, TOASTED BUN VG 792 kcal	17

SANDWICHES

CHICKEN CLUB, ROAST CHICKEN, STREAKY BACON, EGG, GUACAMOLE, LETTUCE, TOMATO 664 kcal	12
SMOKED SALMON & DILL CREAM CHEESE BAGEL, RED ONION, CAPERS 516 kcal	10
CHICKPEA FALAFEL WRAP, LETTUCE, TOMATO, RED ONION, CUCUMBER, MINT, LEMON TAHINI, HOT SAUCE VG 488 kcal	9
STICKY BEEF FLOUR TACO, SLOW COOKED BRISKET, SPICED BBQ SAUCE, GUACAMOLE AND SOUR CREAM 455 kcal	10
MARINATED CHICKEN SKEWER, TZATZIKI, TOMATO SALAD, LEAVENED FLATBREAD 608 kcal	12

SALADS

HERITAGE TOMATO & BURRATA SALAD, CUCUMBER, LOVAGE, SOURDOUGH CROUTON V 571 kcal	12
GRILLED COURGETTE & SHAVED ASPARAGUS SALAD, BROAD BEANS, QUINOA, LEMON AND MINT DRESSING VG 431 kcal	12
CAESAR SALAD, GEM LETTUCE, SHAVED PARMESAN, OLIVE OIL CROUTONS, ANCHOVY, SOFT BOILED HEN'S EGG, CAESAR DRESSING 309 kcal	10
ADD: CHICKEN GF 4 134 kcal • SALMON GF 4 108 kcal • HALLOUMI V, GF 4 287 kcal	

SIDES

FRENCH FRIES V, GFA 5 225 kcal • THICK CUT CHIPS V, GFA 5 294 kcal • CRISPY ONION RINGS V 5 390 kcal	
MIXED SALAD HOUSE DRESSING V, GF 5 148 kcal • NEW POTATOES, PARSLEY, BUTTER V 5 371 kcal	
WILTED GREENS, GARLIC & CHILLI V, GF 5 189 kcal • BASMATI RICE, CHILLI, SPRING ONION AND CORIANDER V 5 236 kcal	
MAC 'N' CHEESE 6 285 kcal	

 @GUILDFORDHARBOURHOTEL **V** VEGETARIAN • **VG** VEGAN • **GF** GLUTEN-FREE • **GFA** GLUTEN-FREE AVAILABLE

R2R 50p from every sale of this dish will go to Room To Reward, a unique charity that utilises unsold hotel rooms to enable charities and communities to thank their dedicated volunteers with a well-earned short break.

If you are concerned about any food allergies or dietary requirements please speak to a member of the team who would be delighted to assist. Adults require approximately 2000 kcal a day. All prices are inclusive of VAT and a discretionary gratuity of 12.5% is added to the total bill and divided fairly between the team and independently from the business.

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