

# HARBAR

KITCHEN | BAR | TERRACE

## LUNCH MENU

AVAILABLE 12PM – 5PM

### BITES

HOUSE MARINATED OLIVES <b>VG</b>   211 kcal	5
SALT CRUSTED SOURDOUGH, BUTTER OR OLIVE OIL BALSAMIC <b>V</b>   317 kcal	5

### SMALL PLATES

LEEK & POTATO SOUP, BLUE CHEESE BONBON, LEEK OIL <b>V, VGA</b>   378 kcal	7.5
LAMB KOFTA, PICKLED RED CABBAGE, GUINDILLA PEPPER, CUCUMBER AND MINT YOGHURT, PITTA   518 kcal	9
SEVERN & WYE SMOKED SALMON, SODA BREAD, LEMON   214 kcal	12
MARKET CRUDITIES, CHICKPEA AND BEETROOT HUMMUS, CRACKERS AND SEEDS <b>V, VGA</b>   306 kcal	8

### LARGE PLATES

HARBAR FISH & CHIPS <b>R2R</b> , CRUSHED PEAS, TARTARE SAUCE <b>GF</b>   844 kcal	19.5
SPRING PEA & ENOKI MUSHROOM RISOTTO, POACHED HEN'S EGG, BLACK TRUFFLE SHAVINGS <b>V</b>   626 kcal	19
CHICKEN JALFREZI, CHILLI, PEPPER, ONION AND TOMATO SAUCE, FRAGRANT BASMATI RICE, CHUTNEY AND POPPADOM   912 kcal	22
8oz RIBEYE STEAK, TOMATO, FLAT MUSHROOM, WATERCRESS, FRIES   716 kcal	30
8oz SIRLOIN STEAK, TOMATO, FLAT MUSHROOM, WATERCRESS, FRIES   681 kcal	29
SAUCES: BÉARNAISE <b>GF</b>   397 kcal • PEPPERCORN <b>GF</b>   201 kcal • CHIMICHURRI   182 kcal	3

### BURGERS ALL SERVED WITH FRIES

HARBAR BURGER, MATURE CHEDDAR, LETTUCE, TOMATO, PICKLED RED ONION, RELISH, BURGER SAUCE   785 kcal	18
CRISPY FRIED CHICKEN BURGER, MATURE CHEDDAR, CHIPOTLE MAYONNAISE, SLAW, BRIOCHE BUN   921 kcal	18
VEGAN BURGER, VEGAN CHEDDAR CHEESE, LETTUCE, TOMATO, PICKLED RED ONION, RELISH, TOASTED BUN <b>VG</b>   792 kcal	17

### SANDWICHES

CHICKEN CLUB, ROAST CHICKEN, STREAKY BACON, EGG, GUACAMOLE, LETTUCE, TOMATO   664 kcal	12
SMOKED SALMON & DILL CREAM CHEESE BAGEL, RED ONION, CAPERS   516 kcal	10
CHICKPEA FALAFEL WRAP, LETTUCE, TOMATO, RED ONION, CUCUMBER, MINT, LEMON TAHINI, HOT SAUCE <b>VG</b>   488 kcal	9
STICKY BEEF FLOUR TACO, SLOW COOKED BRISKET, SPICED BBQ SAUCE, GUACAMOLE AND SOUR CREAM   455 kcal	10

### SALADS

HERITAGE TOMATO & BURRATA SALAD, CUCUMBER, LOVAGE, SOURDOUGH CROUTON <b>V</b>   571 kcal	12
GRILLED COURGETTE & SHAVED ASPARAGUS SALAD, BROAD BEANS, QUINOA, LEMON AND MINT DRESSING <b>VG</b>   431 kcal	12
CAESAR SALAD, GEM LETTUCE, SHAVED PARMESAN, OLIVE OIL CROUTONS, ANCHOVY, SOFT BOILED HEN'S EGG, CAESAR DRESSING   309 kcal	10
ADD: CHICKEN <b>GF</b> 4   134 kcal • SALMON <b>GF</b> 4   108 kcal • HALLOUMI <b>V, GF</b> 4   287 kcal	

### SIDES

FRENCH FRIES <b>V, GF</b> 5   225 kcal • THICK CUT CHIPS <b>V, GF</b> 5   294 kcal • CRISPY ONION RINGS <b>V</b> 5   390 kcal	
MIXED SALAD HOUSE DRESSING <b>V, GF</b> 5   148 kcal • RAINBOW CHARD, TAHINI YOGHURT, TOASTED PINE NUTS 6   277 kcal	
WILTED GREENS, GARLIC & CHILLI <b>V, GF</b> 5   189 kcal • BASMATI RICE, CHILLI, SPRING ONION AND CORIANDER 5   236 kcal	
MAC 'N' CHEESE 6   285 kcal	

@GUILDFORDHARBOURHOTEL **V** VEGETARIAN • **VG** VEGAN • **GF** GLUTEN-FREE

**R2R** 50p from every sale of this dish will go to Room To Reward, a unique charity that utilises unsold hotel rooms to enable charities and communities to thank their dedicated volunteers with a well-earned short break.

If you are concerned about any food allergies or dietary requirements please speak to a member of the team who would be delighted to assist. Adults require approximately 2000 kcal a day. All prices are inclusive of VAT and a discretionary gratuity of 12.5% is added to the total bill and divided fairly between the team and independently from the business.

# H<sup>A</sup><sub>R</sub>BAR

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