

# Breakfast

Please help yourself to our continental table.

*Hot dishes are prepared fresh to order from the kitchen and served at your table.*

Continental & Hot Dish 10

## Drinks

Fresh Coffee from 2 kcal

Newby Tea, selection of flavours 2 kcal

Fruit Juice, apple 94 kcal | cranberry 101 kcal | freshly squeezed orange 85 kcal

## On Toast

*Choose From: malted brown, white bloomer, sourdough or gluten-free toast*

Sautéed Mushrooms, soya cream, thyme butter **VG** 417 kcal

Two Poached Eggs, crushed peas, broad beans, lemon **V** 437 kcal

Coconut & Oat French Toast, raspberry chia jam, blueberries, maple **V** 549 kcal

Eggs Any Style, two hen's eggs, poached, boiled, scrambled or fried **V** 116 kcal per 100g

## From The Kitchen

Eggs Benedict 693 kcal | Eggs Royale 734 kcal | Eggs Florentine **V** 467 kcal

Spinach & Ricotta Soufflé Omelette, chives, shallots and watercress **V** 429 kcal

Sausage & Egg Morning Brioche, sausage patty, fried egg, cheese and a hash brown stacked in a toasted brioche 617 kcal

Pancakes, served with bacon and maple syrup 383 kcal *or* berries and coconut yoghurt **V** 231 kcal

Harbour Full English, sausage, back bacon, black pudding, tomato, mushrooms, bubble and squeak, baked beans and eggs your way 609 kcal

Vegetarian English, vegetarian sausage, tomato, mushrooms, bubble and squeak, baked beans and scrambled eggs **V** 761 kcal

## Morning Beverages

Bloody Mary 1l

Bucks Fizz 125ml 9

Moët & Chandon Impérial, Brut NV 125ml 14.5

Wild Idol Non-Alcoholic Sparkling Rosé 125ml 10

### *The finer details*

**V** vegetarian | **VG** vegan

Our food and drinks are prepared in areas where cross-contamination may occur, and our menu descriptors do not include all ingredients.

If you have any allergies, intolerances, or other dietary requirements, or if you require allergen information, please let us know before ordering.

A discretionary gratuity of 12.5% is added to the total bill and divided fairly between the team and independently from the business.

Adults require approximately 2000 kcal a day.

HARBOUR

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KITCHEN